CORPORATE VOLUNTEERING HELP US HELP THEM

AVAILABLE ON THURSDAYS ONLY UP TO 15 PAX

Membership	Half Day 8am to 11am	Full Day 8am to 4pm
Lifetime	1x free session per year	1x free session
Yearly	\$100	\$600
Non-Member	\$500	\$1,000

Volunteer duties: Kennel cleaning, washing dishes and equipment, repainting works, administrative duties etc.

Email volunteer@spca.org.sg for more information, event volunteering and bookings.





Corporate Sponsorships

- 1. Sponsor a cattery/ nursery
 - \$1,500/year
 - Helps to defray costs of maintenance of our cattery/ nursery and care for the animals housed there

2. Sponsor a kennel

- \$3,500/year
- Helps to defray costs of maintenance of our kennel and care for the dogs housed there

3. **Sponsor a cat**

- o \$125/month
- Helps to defray costs of upkeep and caring for a cat (includes food, and medical needs)

4. Sponsor a dog

- \$300/month
- Helps to defray costs of upkeep and caring for a dog (includes food, and medical needs)

5. Support our gala dinners

- Purchase a table
- Donate
- Sponsor items for auction/lucky draw

Corporate Membership

1 year: \$2502 years: \$5003 years: \$750Lifetime: \$1,000

Fundraise for the SPCA

- Start your own fundraising campaigns on giving.sg
- Host the SPCA at your office for a merchandise sale

For more information or enquiries, please email us at fundraising@spca.org.sg / enquiries@spca.org.sg



SPCA CORPORATE PROGRAMMES

Animals have a positive effect on our mental health, reducing stress and anxiety, improving overall mood, and increasing feelings of happiness and well-being.

With growing concerns about workplace health and wellness, the SPCA's Corporate Wellness Programme aims to bring the joy and comfort of animals to your workplace.

Find out more about how you can support the SPCA.

CORPORATE WELLNESS PROGRAMME SUIT YOUR TEAM'S NEEDS

Enhance your team's well-being with mental health professionals and training organisations as we provide educational sessions, seminars, and interactive workshops to create a space where people can find comfort and healing through their interactions with the animals in our care.

TO SIGN UP:

SPCA.ORG.SG/CORPORATE-WELLNESS-PROGRAMMEFor more info: *enquiries@spca.org.sg*



BASE PACKAGE RESCUED ANIMALS SAYS HELLO

Destress and decompress with the animals who are waiting for their forever homes! With over 200 animals in the SPCA, we are hoping to create more opportunities for our animals to socialise and build positive associations with humans so that they can be ready for adoption!

Our sessions are educational, exciting, and heart-warming. At the end of the interaction, not only will you have a de-stressing time, you will learn more about approaching cats and dogs, and have helped our animals to socialise! Who knows, you might just leave work with a new furry friend.

Package: Interactive session with cats and/or dogs and

an educational talk **Duration:** 75 minutes

Location: Corporate's Office / The SPCA

(external pet-friendly location available at additional cost)

Rates: \$500 per session

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ADD-ON PACKAGES (PICK ONE ONLY)



OPTION 1: ROOTED IN WELLNESS

At Soilboy, we believe taking time for plant care is self-care.

Package: Learn the fundamentals of repotting and caring for an Olive Tree - the perfect addition to any pet-friendly home. **Includes:** Soil scoop, care cards, Soilboy planter, olive tree from Japan.

Duration: 120 minutes **Workshop Size:** 5-15 pax

Location: Soilboy Office, 18 Sin Ming Lane, #08-07, S573690

Additional Cost: - \$148/pax

[includes all supplies + 15% of the proceeds will be donated to the SPCA]

- \$60 for other locations



OUCH!

OPTION 2: MENTAL WELLNESS THE TCM WAY

Our emotional health affects our physical health, let's stay healthy by balancing our emotions!

Package: Guided session of simple acupressure massage and simple food/tea recipes.

Duration: 60 minutes **Workshop Size:** 20 pax **Additional Cost:**

- \$500 per session

[10% of the proceeds will be donated to the SPCA]

- \$20/Ouch! Kit [optional]



OPTION 3: YOGA WELLNESS

We encourage working professionals to lead an active lifestyle! Stretch your stress away to be as flexible as a cat!

Package: One hour guided yoga session with a professional

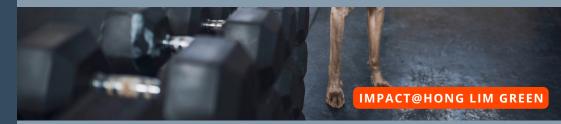
yoga instructor. **Duration:** 60 minutes

Workshop Size: 10-25 pax

Location: imPAct@Hong Lim Green, 20 Upper Pickering

Street Singapore 058284

Additional Cost: \$500 per session



OPTION 4: FUNCTIONAL FITNESS

Take a wholesome workout break with us to restore your peace of mind from the hectic workday.

Package: One hour guided gym session with a professional

fitness trainer.

Duration: 60 minutes **Workshop Size:** 10-20 pax

Location: imPAct@Hong Lim Green, 20 Upper Pickering

Street Singapore 058284

Additional Cost: \$450 per session

