

CAT INTEGRATION CHEAT SHEET

CHECKLIST: THINGS TO PREPARE

- Ensure that you have at least one month for the integration processSet aside a spare room where your new cat can be confined initially
- Provide boxes or pet beds for your new cat to hide in if needed
 - Have an extra litter box, food/water bowl, and blanket ready
- Install tall baby gates, pet gates, or a sturdy net to separate the cats
- Use a large pet playpen to allow controlled interactions between the cats
 - Offer plenty of treats to encourage positive interactions





WEEK ONE: DOORS CLOSED

- New cat in an enclosed spare room
- All necessities (litter, food, water, bed, toys) in room
- Meal time: Feed both cats at the door simultaneously
- Playtime: Engage in games that allow interaction behind closed door
- Scent swapping: Exchange the cats' blankets occasionally

WEEK TWO & THREE: DOORS OPEN, GATES UP

- Open the door and place a pet gate instead (ensure it is sturdy and high enough)
- Continue staging feeding times, playtime, and any other interactions in close proximity
- Slowly reduce the distance between the two cats every day by feeding closer to the gate
- Area swap: Allow your new cat to explore the rest of the house while your resident cat smells traces of your new cat in the closed room

 (2-3 times a week, 15-20mins each time)







WEEK FOUR & FIVE: SUPERVISED INTERACTIONS

Face-to-face interactions

- Short intervals of 5-10 mins at a time
- Human between the two cats as a barrier
- Safe space (separate room or hiding spot) nearby for cats to retreat if they feel overwhelmed or threatened
- Repeat sessions for 1-2 times a day if:
 - Sniffing one another Calm energy Both cats in lying positions Playing without aggression
- Remove aggressor *immediately* & pause for 1-2 days if:
 - Hissing/Yowling Aggression (e.g. teeth barring, puffed tail, flattened ears, claws out) • Fight breaks out

Playpen interactions

- Place the new cat in the large playpen for 30 mins to an hour a day in your common area (e.g. living room) with all the necessities placed inside
- Allow the cats to interact and play with one another through the playpen
- Continue meal times within close proximity
- Cat guardians can consider sitting in the playpen with the enclosed cat to create more forced encounters

aggression is normal
they are establishing

*Never punish the aggressor or they might associate the other cat as the cause of their punishment.





WEEK SIX: FREEDOM

- Increase face-to-face interactions until you can remove all barriers and gates
- Provide safe spaces in your multi-cat household to ensure that each cat has a comfortable area to retreat to when they need their own personal space.